

# BREAKFAST

/until 11:30am

COCONUT YOGURT  House-Made Granola, Macerated Berries  GLUTEN FREE / VEGAN	16
OATMEAL Tahini Chocolate, Seasonal Fruit GLUTEN FREE / VEGAN	14
<b>EGG TOSTADA</b> Pico De Gallo, Avocado, Queso Cotija, Crisp Corn Tortilla GLUTEN FREE	1 2
BACON, EGG & CHEESE Applewood Smoked Bacon, Soft Scrambled Egg, Cabot Cheddar on Toasted Brioche Bun	1 8
HOMESTYLE BREAKFAST 2 Eggs any style, Breakfast Potatos, Choice of Applewood Smoke Bacon or Chicken Apple Sausage	1 8
POACHED EGGS & LABNEH Chili Crunch, Toasted Angel Bakery Pita	16
O M E L E T T E Wild Mushrooms, Cabot Cheddar, Petite Greens	18
AVOCADO TOAST House Made Fitness Bread, Kimchi Cheese, Crystalized Ginger Add Egg +4	18
C E L E R I A C L A T K E S Pastrami Smoked Salmon, Crème Fraîche Add Poached Egg +4	18

## REJUVINATION —

PRESSED 12 JUICE	REFRESHERS
PERFORMANCE Beets, Apple, Carrot, Ginger,	SILK ROAD 10 Coconut Water, Ginger Beer, Turmeric
C L E A N S E	MADAME TALLIEN 10 Strawberries, Basil, Lemon, Soda
Kale, Celery, Cucumber, Lemon, Green Apple, Coconut Water	ZEN GARDEN 10 Cucumber, Mint, Lime, Soda
W E L L N E S S 6 S H O T S	I R I E B R E W 1 0 Hisbiscus, Ginger, Clove, Molasses
LIVER REPAIR Olive Oil, Lemon, Cayenne	CORPA PURE 6 COCONUT WATER Organic
I M M U N I T Y Ginger, Pineapple, Organic Agave, Lemon, Cayenne	ICED TEA 4 Black / Green
	C L A S S I C 4 L E M O N A D E Seasonal Flavors +2

## FORTIFIED SMOOTHIES 14

Served All Day

### BALI MOUNTAIN BLEND

Cacao, Cashews, Coconut Yogurt, Vanilla, Medjool Dates, Flax Seed, Pepitas, Cinnamon

KETOGENIC / PALEO / GLUTEN-FREE / VEGAN

#### GREEN FIBER

Spinach, Cucumber, Lemon, Apple, Banana, Spirulina, Psyllium Husk. KETOGENIC / PALEO / GLUTEN-FREE / VEGAN

#### POWER BERRY

Strawberries, Blackberries, Blueberries, Coconut Milk GLUTEN-FREE / VEGAN

#### ADD:

Chia Seeds +2 / Flax Seeds +2 / Protein Powder +4 / MCT Powder +4 / Collagen +4 Espresso Shot +3

## ALLDAY MENU

STARTING AT 11:30 am

#### M E Z Z E 12 —

#### SERVED WITH WARM PITA OR VEGETABLE CRUDITÉS

#### HERB HUMMUS

Chickpea, Herbs, Olive Oil GLUTEN-FREE / VEGAN

#### TZATZIKI

Strained Greek Yogurt, Cucumber, Garlic, Urfa Chili

#### TARAMASALATA

Caramlized Onion, Pink Peppercorn, Horseradish

### HOUSEMADE FALAFEL

Herbed Tahini, Salat Aravi

#### MEDITERRANEAN OLIVE BLEND

## SMALL PLATES

#### CHEESE PLATE

Chef Curated Local Cheeses, Grain Mustard, Pickles

Single Cheese 12 | Three Cheeses 27

#### MUSHROOM PÂTÉ

16

Pickeled Vegetables, Enoki, Foccacia

VEGAN

#### AHI TUNA TARTARE

24

Preserved Lemon, Taro Chips GLUTEN-FREE

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#### HEALING CHICKEN BROTH

Kelp Noodles, Green Onion, Chilis

#### TOMATO SOUP

Calabrian Chili, Cheese Crostini VEGAN | GLUTEN-FREE

### SALADS

#### BUTTER LETTUCE SALAD

16

Frisée, Herbs, Mustard Shallot Vinaigrette
GLUTEN-FREE / VEGAN

#### ICEBERG WEDGE

18

Applewood Smoked Bacon, Heirloom Tomato, Radish, Blue Cheese GLUTEN-FREE

A D D: Avocado +4 / Poached Egg +4 / Tofu +5 / Chicken +7 Salmon +10 / Skirt Steak +12 / Seared Ahi Tuna +14

#### NICOISE

28

Seared Ahi Tuna, Haricot Verts, Tomato Confit, Nicoise Olives, Jammy Egg GLUTEN-FREE

#### THAI SHRIMP SALAD

30

Chilled Wild Gulf Shrimp, Charred Avocado, Herb Aioli, Makrut Lime, Crisp Cashews GLUTEN-FREE / DAIRY FREE

### BOWLS

#### WINTER SQUASH BOWL

2 5

Caraflex Cabbage, Quinoa, Smoked Tofu, Coconut Turmeric Broth

GLUTEN-FREE / VEGAN

## SUKI BOWL

28

Seared Ora King Salmon, Sesame Miso Brown Rice, Wilted Greens, Pickled Ginger

GLUTEN-FREE

#### TURKEY CHILI

2 5

Kidney Beans, Cauliflower Rice, Crème Fraîche

GLUTEN-FREE

## HANDHELD

A V O C A D O T O A S T House Made Fitness Bread, Kimchi Cheese, Crystalized Ginger Add Egg +4	18
BLT	1 8
Applewood Smoked Bacon, Heirloom Tomato, Bibb Lettuce, Avocado Mayo on Warm Brioche, Potato Chips	
FISH TACOS	2 0
Cabbage, Salsa Verde, Pickled Onion	
FALAFEL SANDWICH Housemade Pickles, Hummus, Tahini, Angel Bakery Pita Bread	18
VEGAN BURGER	2 4
Housemade Patty, Olive Tapenade, Roasted Pepper Aioli, Arugula, Pretzel Bun, Sweet Potato Fries	
B U R G E R Wagyu Beef, Bibb Lettuce, Tomato, Cabot Cheddar, Sesame Brioche	2 9

### LARGE PLATES

LAKGETEATES	
FREE-RANGE CHICKEN PAILLARD	2 6
Shaved Fennel & Arugula Salad, Sauce Vierge	
GLUTEN-FREE	
TORCHED MISO HALIBUT	3 6
Shiitake Mushroom, Snow Peas, Mustard Greens	
GLUTEN-FREE	
BLACK ANGUS FLAT IRON STEAK	4 2
French Fries, Petite Salad, Chimichurri	
GLUTEN-FREE	

